

**Where would we be if everyone said when we came out and nobody was going to see, where would we be if we left.**

Dr. Stefan Frädrich has degrees in medicine and business administration (Chamber of Commerce). He is a qualified trainer for cognitive behavior therapy, rhetoric and communication skills, health and management.

TV host, trainer / coach and author of several books

Expertise: Self-motivation, conquering the inner temptation

Languages: German, English

## LECTURES

- the günter-principle



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